



X-PLATE

At the forefront of fitness and vitality

X-Plate Specifications

Product Name	X-Plate
Model Name	XP-2
Rated Voltage	AC120/240v, 50/60Hz
Power Consumption	150w
Recommended Time of Use	10 Mins (auto turn off function) / 1 time
Product Size	790w x 580d x 1239h (mm)
Product Weight	43kg
Control Mode	3 x Auto Levels & 10 Manual Levels
User Weight	Less than 150kg
Consecutive use time	8 Hours or less
Manual Control	10 Speed Modes
Auto Control	3 Auto Program Modes
CE Number	HA07080-5004A

Mode Speeds

Manual	
speed 1	452 Hz/min
speed 2	481 Hz/min
speed 3	510 Hz/min
speed 4	541 Hz/min
speed 5	570 Hz/min
speed 6	600 Hz/min
speed 7	632 Hz/min
speed 8	663 Hz/min
speed 9	693 Hz/min
speed 10	730 Hz/min
Auto	
Auto Speed 1	Speed 1 to 5
Auto Speed 2	Speed 1 to 7
Auto Speed 3	Speed 1 to 10



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